



Did you know? - Remote controls are much more sophisticated and complex these days and can be difficult to navigate and operate with a visual impairment

The following hints, tips and equipment could potentially help:

- **Use the tactile marker usually located on the number 5 to navigate around the remote control**
- **Universal remote controls can be purchased from the RNIB, online and electrical shops, these remotes feature larger contrasting buttons and are often simpler in design, making them easier to use**
- **Some television and streaming services offer their own higher visibility and tactile accessible remotes**
- **Smart phone apps can be linked to your TV to allow you to control it from your phone with voice over**
- **Found out if your television service offers voice activated remotes**
- **Some smart TVs come with built in voice assistants**

For more technology advice, information and/or troubleshooting, contact the Wilberforce Trust Assistive Technology Advisor on 01904 760037 or email enquiry@wilberforcetrust.org.uk

You can contact your local sensory team for practical advice, information and support around your sight loss and you may be eligible for a Sensory Impairment Assessment. In York, this is the Yorsensory Team, 01904 202292 or email enquiry@yorsensory.org.uk.